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| Name: mr. p.radha kanth sharma | Reg No: 1-5SMHC17 |
| Age / Sex:36 yrs | Contact No:9550558425 |
| Marital Status:ml – 10 yrs | Date:2/6/17 |
| Occupation:mahndra finance as accounts manager | Dr. pjfp |
| Address:sr apartments jayangr 4th t block | DIAGNOSIS- infertility |

1. Sinusitis from 16 yrs approx.

h/op/c: <climate change, dust, strong odors

rotten smell when sneezes.at times blocked nose and can’t smell when severe.

Running nose-skin irritation- red rashes on skin random- sometimes intense itching gets a lot of itching and hard skin, - head heaviness > ear buds, mullein oil- sleeplessness (can’t get up early- can b awake in nights)- eye paining- eye boils like styes<dust touching eyes with unwashed hands.

2.cramps sitting on the scooty in the back. <1yr.

3. unable to conceive from since marriage.

No desire problem, erection normal.

4. feels uneasy painful body and feels like somebody must cut his body or massage violently from 10 years.

5.More farting from 1 n half yr. <evening, night.

6. rt.testicle pain from 1 n half yr.on and off.

Family h/o:

* Mom(dm,osteoporosis) died in car accident on spot due to cerebral haemorrhage I n 2010.
* Dad 63yrs. –Dm
* Younger bro 33- skin allergy.

Says in family only one son survived in every set of generations of 7. No female child.

On examination on the palms abdomen and back erythematous appearance.

Personal h/o:

Cant take bath with cold water needs warm water only.

Palms and sole sweats more.

Pure veg by caste and by preference also.

no smoking, alocohol occasional

hot climate can’t take as if rashes on the body and sweaty. Prefers dry climate.

Foody- without masala prefers. Likes south Indian snacks. **Likes rotis**.

Drinks when thirsty upto 3 lts /day. Normal room temperature water.

Cool water pain in jaws and teeth. Over all feels better if pressure on jaws.

**Pressure amel**

Lethargic feeling.sometimes very enthusiastic.

Likes travelling. Cant sit at home for long. When temper comes hits throws things. Father stays with him.

Rx:

1) merc sol 200 – 7 doses

2) mag phos 6x + kali phos 6x 4-4-4-4.

3)disc 30- 4-4-4-4.

4) all cepa 200 4 pills sos.

28/6/17: couldn’t take prev med as he lost it.

Rx: merc sol 200 – 7 doses alt.days

China aswagandha a.phos Q- bd

All cepa+puls 30 – qid tabs

Am.carb 200 sos sneezing

7/8/17: feels slight discomfort in stomach. tongue metallic taste. Had some food outside. Had nux vom 200. After taking homoeo feels nasal passages are clear. But had some sneezing and allergy action. Getting choking <peppr, spicy as if some one it throttling the neck, flakes of groundnut, ppopcor, etc. > water.++++ feels will suffocating feeling that time. felt tension free. Active. Itching on the skin reduced. Fells allergy alternakes with finger complaints. Sleeplessness since 1 year, day activities thots, remembers what to be done tomo. Active work continuous thru out the day. Night also active thots. Feels better to sleep after 4 am. If wakes early at 6 am feels drowsy the whole day.Pain in the rt. Below toe pain. thirst feels excessively thirsty sometimes and sometimes less thirst. No sweating on the palms these days. Feels redness on palm. Bad breath since 6-7 months. He doesn’t feel but wife tells it seems.

* Teeth sensitivity since 5-6 years. Using sensitive paste.< chewing shooting pain shocking pain. > pressure .
* Head pain mostly ethmoidal, jaws,
* From 2-3 days feeling hot and feels like no blanket is needed and fan required where as before not needed. Wants upperbody wants to be covered.

Rx: 1. Merc sol 200 – 1 dose – wate /b/.brush mng.

1. Thuja 200 – 1 dose – stat.
2. Lachesis 200 – 4-0-4 – b/food. Disc.
3. Puls 200 –aleergy sos.
4. Cont. drops.

6/9/17: irregular medicines. Severe cold ,chest congestion from 4-5 days. Frm tday watery running nose. Headache. Occipital and tragus region pain in head< driving. Headache if skips meal. On and off scaly dry skin <early morning left hand fingers and rt. Hand lesser than lt. ambi? But prefers hot water. Drowsy. Urination dark brown . spicy agg choking. Constant headache.left leg feels knee pain < stretch getssounds. h/o of injury 10 years. Twisted on railway station. Feels bdy is paining. Like brken feeling. Must take paracetemol. Spray/cinarest. No thirst. Excessive saliva.

Rx: 1) psorinum 1m 2 doses – 2 days once.

2) bell 200 – 4 pills 2 hourly.

3. nux vom 200 – 4 times. 1 week medicines.

19/9/17:

Wt: 80 kg. pain int the head a lot. >pressure. Mild headache constant not feeling relief. Dandruff a lot. Saliva reduced. Feeling thirsty.

Rx: 1. Kali.bi 30+bell30+bry30 disc 4-4-4

2. sulphur 200 /nv1m – 4 pills night with water.

3. histamine 1m 3 doses – water

4.kali sulph 6x + nm 6x – 4-4-4-4

5. lachesis 200 – mng 4 pills with water.

25/10/17:

* Fingers dry and chapping.itching < early morning .
* Sweating more while working.
* Sneezing from 2 days, feels like throat inf will com. Itching slight in the throat. Nose clear but sneezes r ther. Neck pain not much. Mostly on the right side. Eyes region is more pain. genitals also itching.
* Feels anxiety also more. While scratching feels relaxed.

Rx:

1. Sulphur 1m + merc sol1m+ gelsimium 1m – 4 pills 4 times for 4 days.( 2 dram bottle.
2. Arundo 30+wyethia 200 – disc 4-4-4-4

1 week medicine.

2/11/17: cold again after exposing to cold air. Took sinarest yday. Stiffness in the jaws. Will not like anyone to talk if angry. Stuck feeling in the ear keeps poking buds. Will apply mullein oil. Keeps pressing all the time.

Rx:

1. calc.carb 1m/thuja1m/rhus tox 1m

4-4-4-4.

10/11/17:

Severe sneezing, running nose. Nasal root pain.

Rx:

1. kali.bi 200 – 4-4-4-4.

14/11/17:

* feels better only with medicine. Constant pain in the eyes n maxillary sinusitis.
* Dry flaky skin. Itching <tension.
* PRESSURE AMEL.
* Doesn’t like fan. Not getting sleep bcoz of wife wants fan.

Rx:

1. Kali bi 1m – 7 doses – water 1 morning b/brush.

18/11/17: symptoms of getting cold. Upper palate feels itching. Irritation more in the morning only.

Rx: 1. Wyethia200 – 2 dram pills 4-4-4-4.

30/11/17:

FEELS CONGESTED IN CHEST N COUGH<SEASONAL CHANGES. HAD CUT FRUITS. IMM FEELS GETS THIS PBM.

RX: 1. GUIACUM 200 – 1 DRAM PILLS 4-4-4-4

14/12/17: itching on the hands. Medicines got over.

Rx:

1. Acid phos 1m+lyco1m+syphilinum1m 1 dram pills 4-4-4-4
2. Rub 15 – 1 nt b/food.
3. Acid phos Q+ alfaQ+avenaQ.

30/12/17: cold and cough from last nght. <early mng cough, night. Phlegm color is yellowish for nose. No wheezing sound also. Mild headache. All bones aching. Travelled from ooty kodai.

Rx:

1. kali bi1m +tub1m+ars alb 1m

2. kalis sulph 12x+ferr phos 12 x. 4-4-4-4

1. 5/1/18: as if somebody is pushing him. Pain in the rt.groin region. Pain in head. Ars1m+puls1m+amm carb1m – 4 -4-4-4 weekly for 4 days… 2 dram pills
2. Kali sulph +nat mur 6x 4-4-4-4.
3. Rubrum 30 – 1 dose night b/food.

Going by walk and coming by walk. Not using bike for health purpose.

Rx:

1. Caust 1m 4-4-4-4.
2. Disc 4-4-4-4.

18/1/18: as if someone pushing him. Sleep is also not good. Conscious sleep. Eyes pain, jaws, constant pain. severe dryness of the skin. Peeling of the skin. Thirsty. Clean moist tongue. Always travels for the work reason.

Rx:

1. Sil 1m – 5 doses – once in 3 days.
2. Rub 30 – bid
3. Ashwagandha Q+ Acid phos Q – 10-10-10 drops a/food water.

17/2/18:

Cold. Sweating palms. Feet also sweats. Itching at times on fingers. Wants to get good sleep. Mild constant pain in the head. Neck pain. ears feel like picking then feels better. Feels desperate to clean ears. Neck pain. >pressing with fingers. If presses the pulpy portion on the palm below thumb. Doesn like drums sounds. Light music. Doesn’t like music while driving. Wants to be calm while driving. Will not retort even if he knows says that if someone is saying something let me listen. Will help as long as there is no law issues. Feels laziness. Temple pain. this is only eating my life. Biggest cause of anything in my life. Sleep is gone. shall we go for the operation and clear this thinks but again comes back saying no use. earlier use to feel like travelling but now a days feels like staying home. Yawning more. Doesn’t like fan full it should be in 1 wher as wife wants it full. <morning itching is more. Says he will do but doesn’t work out the plan. No regrets by Gods grace. Dreams like chasing out of panic, writing ca exam but didn’t write well maybe. Totally dependent on wife for needs and advices on father. Forgetful. Will delay his work otherwise. Starts but doesn’t complete. Feels is it needed. Likes law studied. But didn’t reach high. Recently feels shd have done . not good in prioritizing in life. Feel like going around world.

Rx:

1. Lyco 200 – 1 dose – b/brush water.
2. Thuja 1m – 1 dose – b/food now. Water.
3. Rub 30 – 1-0-1 b/food.
4. Alfalfa+avena+acid phos Q- 15-15-15 drops a/food water.

24/3/18: PAIN IN EYEBALLS REGION. PRESSURE AMEL. SEVERITY REDUCED IN SINUS PAIN. MORE RELIEF . BUT STILL MILD. DRY NOSTRILS.

1. Lyco 200 – 1 dose – b/brush water.
2. Thuja 1m – 1 dose – b/food now. Water.
3. A.PHOS 1M – 1 DRAM PILLS 3-3-3-3.
4. Rub 30 – 1-0-1 b/food.
5. Alfalfa+avena+acid phos Q- 15-15-15 drops a/food water.

29/3/18: DANDRUFF NOT REDUCING. AT TIMES BURNING ON PALMS AND SOLES.

RX:

1. STAPHYQ+THUJAQ - GIVE 20 DROPS EACH IN BOTTLE. MIX IT IN 200 ML OIL AND APPLY AS NORMAL HAIR OIL.

5/4/18: EYES BLURRED FROM 2 DAYS-

RX:

1. RUTA 200- 3-3-3-3 1DRAM PILLS .
2. CAPSICUM 200 – 1 DOSE . NOW.

4/5/18: sea and seashore agg. Cold, gastritis, sleep medicine wants.

Rx:

1. Medo 1m – 1 dose nt b/food.
2. Kali ars 200 – 1 dose. Tomo mng.
3. Amm carb+ars+ all cepa 30 – cold
4. Aloes 30 – gastritis.

7/5/18: cold, throat irritation. Had hot tea 3 days before usually nt use to drink so hot. Running nose. Sneezing and irritation in throat. Travelled to kerala. Feels a bit of chest congestion.

Rx:

1. Ars alb 1m – 4-4-4-4
2. Amm.carb 200+all cepa200 – 4-4-4-4

1month:

1. avenaQ+ashwagandhaQ+damianaQ – 10-10-10 drops a/food.
2. Rub 1-0-1 b/food.
3. Lyco 1m – 4 doses nt b.food.

8/5/18: diff in breathing <eating, ac. Mouth breathing.

Rx:

1. Ant tart 30 – 1 dram pills – 4 pills in warm water every 15 min till relief.
2. Nat sulph 200 – 4-4-4-4. Today hourly.

9/5/18: breathlessness <afterfood, lying head low , early morning on waking, midnight 3am after.numbness while exhaling in the lower neck region under the face. Tight feeling in abdomen. Mouth breathing. Pain a bit and feverish a times. Hand clasping in the chest region >after coughing very severely. Bitter taste metallic taste on tongue.no thirst and dryness of membranes. If walks a bit unable to either must hold sides with hands on hips or lift hands and keep on head and walk.

1. Carbo veg 30 – 1hourly .
2. Grindelia robusta 200 – 1 dose. 1 dose sos.

14/5/18: gastritis. Burning feeling. No gas is coming out.

1. Carbo veg 200 – 1 dose.

26/5/18: from mng thick and thin watery discharges from left nostril. Sneezing. In the morning. Whole night was snoring heavily told by wife. Sleepless.

Rx:

1. Phos 200 – 1 dose
2. Nux vom 30 + amm carb 30 4-4-4-4.

20/6/18: redness in eyes. Irritation.

Rx: staphy 200 – 1 dose.

28/6/18: LEFT EYE IRRITATION AND RED NOT REDUCED. GETTING DISCHARGE ALSO MORE. ALLERGIC SYMP PERSISITS.

RX:

1. NAT ARS 200- 3 DOSES – MNG B.FOOD.
2. EUPHRASIA 1M – 4-4-4-4.

6/7/18: running nose. And sneezing. Redness in the eye. Itching in the left index finger. Inc. snoring.

Suggested investigations.

Rx:

1. Rub 30 – 1 dose night b.food
2. Carcinocin 1m – 1 dose.
3. Acid phos 1m – 1 dose
4. Alafala1m – 1 dose
5. Damina Q – 10-10-10 drops – a/food water.
6. Pentaphos 2-0-2

27/7/18: from 2 days chest congestion. Breathlessness , watery eyes. Now and then.

Rx:

1. Nat ars 1m – 1 dram pills. 3 hourly 3 pills.
2. Medorhnum 1m – 1 dose stat.

8/8/18: cough and cold, nose block. Since 2 days. Feels walking amel. Thick mucus. Nght agg. Chest tightesnn as if hand is squeezing around. Steam

Rx:

1. Nat ars 30. 1 dram pills.
2. Nat ars 200
3. Nat ars 1m
4. Ant.tart 1m +ipecac 1m – 2 dram pills – 10 min. water.
5. Psorinum 200- 2 doses – 10 min stat.

27/8/18: FRM MORNING cold neck pain and feels stiff. Feverish also. Feeling weak. Throat clear as of now.

Rx:

1. Ars1m/gels1m/bell1m/rhus tox 1m – 6 pills 2 hourly.
2. Ferr phos 6x+mag phos 6x – 4 tabs 30 min with water.

20/9/18: one side nostril thick discharge left mostly. Thirst good during mornings. Desire good. Headache tension a lot. One wart on the left testicles. 3 years back.

Rx:

1. Nat ars1m/medorhinum1m/thuja1m – 4-4-4-4 3 days weekly.
2. Acid phos1m+alfalfa1m+avena1m – disc 4-0-4 alt days.
3. Acid phos Q/aswagandhaQ/alfalfaQ/avenaQ – 10 -10-10 drops a/food…

11/11/18: night severe. Running nose. Yellowish whitis.

Rx:

1. Nat sulph 200 – 4-4-4-4.
2. Hydrastis 200 – 4-4-4-4.
3. Bryonia1m -

3/12/18: nose block. No sleep. Feels better with bryonia. Cont. shooting pain

Rx:

1. Nux vom30+bry30 – 4 pills water doses- repeat 5 times a day.

7/12/18: pouring nose. Snoring more. Ate bajji night. Feeling giddy frm 4-5 days.

Rx:

1. Pulsatilla 200 – 4-4-4-4.

11/12/18: had to take puff twice for two consecutive nights. After food worsening his complaints. Floor is always cold at home. While walking right testicle pain. sleep.

Rx:

1. Capsicum200 – 15 doses alternative mng b/food.
2. X- ray 200 – disc 4-0-4
3. Lyco200 – 15 doses alternative days night b/food.
4. Sulphur 1m – 4 doses – weekly. Afternoon b/food.
5. Justicia+aspido+blatta 10-10-10 drops a/food.
6. AswagandhaQ+ginsengQ+damianaQ+hamemelisQ – 15-15-15 drops a/food. With water.
7. Influenzinum1m – 3 dram pills 4-4-4-4.

15/12/18: NOSE BLOCK COLD.

RX:

1. MERC SOL 200 – 4-4-4-4
2. LYCO 200 – 4-4-4-4.

28/12/18: difficulty breathing. Lying dwn agg.

Rx:

1. Kali carb 200 – 4-4-4-4.

2/1/19:

* psorinum 10m – 1 dose stat.
* ant tart 1m- 4 pills 2 hourly.
* Spongia 200 – 4-4-4-4.

22/1/19:

RX:

1. HEPAR SULPH 1M – 4-4-4-4.

28/1/19: NIGHTS COUGH. HEAVY SNORING. THICK MUCUS DARK YELLOWISH, MNG WHITISH ,

RX:

1. MEDO 1M – 1 DOSE.
2. MANGIFERA 1M – 4-4-4-4.

4/1/19: NO APP, METALLIC TASTE, LOOSE MOTIONS NOT WATERY, PASTY, NO URGE ALSO MUCH. FRM 5AM IN THE MNG COUGHING. TOOK PUFF. SALBUTAMOL- ASTHALIN 100MCG GETS TEMPTED TO TAKE IT TO SLEEP.

RX:

1. GRINDELIA 3X PILLS – 4-4-4-4
2. TYPHOIDINUM1M – 4-4-4FR 3 DAYS.

11/2/19: COUGH < NIGHT AFTER 3 HOURS OF SLEEP.

RX:

1. CAUSTICUM 1M – 4-4-4-4.

4/3/19: FEELING FEVERISH AND COLD IN THE AFTERNOON.

RX:

1. GELSIMIUM 200 – 4-4-4-4.

2. EUPHRASIA1M/APIS1M/BELL1M– 4-4-4-4

22/3/19: no wheeze but sudden tightness in the chest. From 2 days. Eye itching isn’t going, blurred vision at times. Redness. Roughness in finger. Yawning is too much. Dreams as if chasing and exam preparing.

* Ambithermal. Better warmth but.

Rx:

1. Histamine 1m – 4-4-4-4.
2. Nat carb 1m -4-4-4-4.
3. Rub 15 – 1 tab night b/food
4. X-ray1m – disc 4-0-4.

15/4/19: night after 7 pm feels breathing difficulty and taking spray. Chest tightness.

Rx:

1. Cactus 1m/ant tart1m/bacillinum1m – 4 -4-4-4.

22/4/19: diagnosed as polyps. Took cetrizine. After which other complaints subsided.

Rx:

1. Agraphis nutans 200/thuja 1m/baryta carb1m - 4-4-4-4
2. Rub 15 – 1 tab night b/food.
3. Capsicum 200 – 7 doses – alternate days b/food.

25/4/19: cysts in the sunuses maxillary and nose. Hot water feling better. < evening. Night must take cetrizine. More eructations. < evening. After 11pm>

Rx:

1. Teucrium200/phos200 – 4-4-4-4.
2. Acon 200/bryonia200- 4 pills.

6/5/19: nose block .

Rx:

1. Thuja1m/phos1m/bry1m- 4-4-4-4

20/05/19: atelectasis right? Cough not coming.

Rx:

1. Kali iod 200 – mng 4 pills b/food
2. Merc iod ruber – afternoon 4 pills b/food

3/6/19: pain in the abdomen. Semi solid. Feeling aggravated after function.

Rx:

1. Nux vom 1m – 4-4-4
2. Arum d1m/ars1m/amm carb1m – 4-4-4-4.

4/6/19: RX:

1. XRAY1M/CAPSICUM1M/ACID PHOS1M – 4-4-4-4.

17/6/19: recurrent

Rx:

1. Phos1m/thuja1m/teucrium1m 44-4-4.
2. Amm carb 1m/ merc sol1m – 4-4-4-4

17/7/19:

Rx: Pyrogenum 1m – 2 hourly for one day.

27/7/19: blockage and pain in the head. No pain. Running nose thick but whitish to creamy. Sneezing and unable to sleep. No sense of smell.

Rx:

1. Calc carb 1m/ teucrium1m/merc iod rub 1m – 4-4-4-4
2. Acid phos Q/ nuphar lutQ/Tribulus tQ/ damiana – 15-0-15 a/food drops
3. Pyrogenum 1m – 4-4-4-4
4. Carb animalis 200 – disc 4-0-4 b/food.

7/8/19: wheezing sound in the nights. And nose block. Sleep disturbance. No sense of smell. Cold. More cold. Must struggle to bring it out. Thick and tough must strain. Balls dark yellowish. Then normal discharges and then again thick n tough. Eyeballs paining. 30% relief. Bt no sense of smell. Still has medicine. As if being pushed sensation is there.

Cad sulph 200 – 1 dose.